

DAY ONE

SPA + WELLNESS

A HAVEN FOR
MIND, BODY & SOUL

dayonesort.com



Classic Massage

Massages	45 min.	60 min.	90 min.
Classic Massage	€40	€50	€70

Pressure Massages

Massages	45 min.	60 min.
Sports		€70
Reflexology	€40	€70
Anti-Stress	€50	€70

Far East Massages

Massages	60 min.	90 min.	120 min.
Traditional Balinese	€60	€90	€110
Balinese Head, Neck & Shoulder	€50		
Balinese Leg & Foot	€50		

Day One Signature Massages

Massages	45 min.	60 min.	90 min.
Aromatherapy*		€70	€90
*Relax: Made with Lavender Essential Oil.			
*Renew: Made with Patchouly & Sandalwood Essential Oil			
*Refresh: Made with Lime Essential Oil			
Healing	€50	€65	€90
Hot Stone	€50	€65	€90
Lymph Drainage		€65	€90
Anti-Cellulite		€65	
Mix Therapies		€65	€90

Day One Extra

	45 min.
Sun&Shine Bronze	€40
Regenerate your skin with Shea Butter	€30
Dead Sea Salt Peeling (in hammam)	€40
*Chocolate: Sea salt peeling with chocolate	
*Coffee Latte: Sea salt peeling with coffee	
Facial Peeling*	€30
*Peeling with grape seed oil & AHA & cucumber	

Day One Hammam Therapies

Hammam Ritual is the most traditional way of beauty care, moisturizing the body with scrub and foam massage and enriching the skin for a refreshing glow.

Classic Turkish Hammam Ritual Sauna & Steam Bath + Turkish Bath (Peeling & Foam Massage)	45 min.	€40
Aromatherapy Turkish Bath Sauna & Steam Bath + Turkish Bath (Peeling & Foam Massage)	60 min.	€60

*Hot & cold drinks and dry & fresh fruits are served in all hammam therapies.

Day One Packages

Combine the therapies that will make you the happiest

	90 min.	105 min.
Classic Hammam & Massage Package Sauna & Steam Bath+Turkish Bath (Peeling & Foam Massage) 45 min. Classic Massage 45 min./ 60 min.	€70	€80
Aroma Therapy Package Sauna & Steam Bath+Turkish Bath (Peeling & Foam Massage) 45 min. AromaTherapy Massage 45 min./ 60 min.	€80	€95
Mix Therapy Package Sauna & Steam Bath+Turkish Bath (Peeling & Foam Massage) 45 min. MixTherapy Massage 60 min.		€95
Honey Moon Package (2 pax) with champagne and strawberry Sauna & Steam Bath+Turkish Bath (Peeling & Foam Massage) 45 min. Massage (Classic/Anti Stress/Traditional Balinese)		€180

*Hot & cold drinks and dry & fresh fruits are served in all hammam therapies.



Day One Skin Care *SOON

Feel the touch of experienced hands.

Skin Care Therapies LOFT COSMETICS

- Basic Skin Care
- Sensitive Skin Care
- Anti-Aging Skin Care
- Care to Shine

Skin Care Therapies BABOR, THALGO, SOTHYS

- Basic Skin Care
- Sensitive Skin Care
- Anti-Aging Skin Care
- Care to Shine

Hanakasumi™ Body Ritual

90 min. — €120

Hanakasumi is a body ritual by Sothys Paris with a delicate powdery perfume of lotus and cherry blossoms. The literal translation of the word Hanakasumi means precisely “flower mist” and that is where the extreme refinement of Sothys protocols and their exclusive sensory experience lead us.

The fragrances of the cherry blossoms are combined with Digi-Esthétique®, a one-of-a kind massage technique. This fresh, fragrant and “spring” treatment involves 5 moments.

Awakening; The first moment is dedicated to the awakening of the body and the sensations on the skin. The guest is covered with a blanket and contact is made with some maneuvers with the towel.

Cherry Blossom Application – Rice powder for a delicate scrub; This particular product, both delicate and effective, renews and purifies the skin naturally. Manual “scrubbing” movements gently eliminate the dead cells from the skin. After this exfoliating phase, deeper massaging is carried out.

Foot modeling inspired by reflexology; The goal is to revive the flows of vital energy. To revitalize the whole organism, it is not enough to eliminate the skin's dead cells. It is necessary to restore the balance between the body and mind as well as the vital energies that support us.

Cleaning with soft towels; this is a moment of true pampering. The operator, using special sponges and hot knobs, continues to treat the body in order to eliminate dead cells and give a general sense of pleasure.

Application of shea butter; The final phase uses Asian perfumes and a massage of about 20 minutes with shea butter dissolved in brûle parfum.

Finally, the ritual is completed, even though you will wish it would never end. You will leave your treatment cabin fully regenerated and your senses will be stimulated by the delicate powdery and floral fragrance.

Sensations Oriental Body Ritual

90 min. — €120

“Inspired by the Orient, this aromatic body ritual features hypnotic notes of Amber and Myrrh. An exceptional spa treatment protocol inspired by ancestral Oriental rites: an unctuous enzymatic gel prepares the body for exfoliation, then an exclusive Sothys modelling with a scrubbing terracotta stone inspired from traditional oriental techniques. The first moment is dedicated to the awakening of the body and the sensations on the skin.

Then Immerse yourself in this exotic ritual featuring an exclusive body exfoliation with our handmade Moroccan pumice stone and enzymatic exfoliating nectar for soft, smooth skin.

Finally, a Swedish relaxing or a Deep-tissue massage with warmed Amber oil entices the senses with warm, sweet and woody notes for an unforgettable sensorial experience will be great combination for you mind and body retreat. After a great therapy, you can take your Moroccan pumice stone home with you.

*Optional: Milk Bath

90 min. — €20

VILLA THALGO

SPA MARIN - PARIS

SIGNATURE RITUALS

Merveille Arctique

120 min. — €140

Embark on the discovery of the wonders of polar nature:

Pristine landscapes of white ice, sultry hot springs, unsuspected underwater flora, for an exhilarating Spa experience. Let yourself go with Nordic ancestral rituals, where soothing heat and invigorating freshness alternate to relax the body and release tension. An exhilarating experience born from the encounter of hot and cold for in-depth relaxation.

This ritual comprises:

- 1 x Imperial bath with effervescent crystals: inspired by Icelandic hot springs
- 1 x Salt flake scrub: a trio of exfoliating salts worked into an invigorating friction
- 1 x Swedish inspired body massage with relaxing fresh balls and arctic massage oil

Ideal for stressed and tired people under strain.

Iles Pacifique

120 min. — €140

Escape the time of this ritual, destination Tahiti...

Exfoliation of the islands followed by a relaxing massage with hot sand ballotins. As if gently lulled by the movement of the waves, this relaxing massage with Monoi de Tahiti is directly inspired by Lomi-Lomi.

Slow, enveloping and reassuring maneuvers combine with the beneficial warmth of the hot sand ballotins, to give you a feeling of absolute relaxation and relaxation.

This ritual comprises:

1 x Imperial bath with Lagoon Water Bath Pebbles: Bath and breathe in the exotic scent of Polynesia as your skin receives an extra dose of moisture.

1 x Island Body scrub: This super-sensory bi-phase scrub combines White sand from Bora Bora, Sea salt, Coconut shells and plant oils to gently exfoliate and nourish the skin.

1 x Tahiti inspired body massage with relaxing sand pouches and Monoi Massage Oil.

Finally The body is relaxed, the skin is sublimated, perfectly nourished, soft and velvety.